## FOR IMMEDIATE RELEASE

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## Families Move into Self-Help Housing Homes

**GRAND JUNCTION, Colo. (August 28, 2012)** – Ten families are scheduled to move into their homes Thursday August 30, 2012 starting at 9:00am, after putting in 950+ hours of sweat-equity into the building of their homes through the Housing Resources Self-Help Housing Program.

This is the second group of families to move into the Palisade Wine Valley Estates subdivision.

Uniquely designed to help people help themselves, Mutual Self-Help Housing is a "sweat-equity" program that gives low-income families the means to construct their own homes. Families who participate perform approximately 70 percent of the construction labor, under qualified supervision, on each others homes. The labor that families contribute substantially reduces the cost of each home, and serves as the down payment.

Participants in the program must be willing to contribute a minimum of 30 hours per week for approximately 6 to 8 months.

## **About Housing Resources**

Housing Resources has been in business in Mesa County for over 30 years. The mission of Housing Resources, a 501(c)(3) private non-profit corporation, is to provide affordable housing and to promote the wise and sustainable use of resources. Housing Resources offers pre-purchase and post-purchase educational services, weatherization services, opportunities for community revitalization, and the provision of quality, safe, affordable housing for those with low and moderate income. Housing Resources is a chartered member of NeighborWorks America. Learn more about Housing Resources at www.housingresourceswc.org or by calling their offices at 970- 241-2871.